



## If you're starting PLENVU® the **evening before** your colonoscopy, **Here's How to Prep**

Date of colonoscopy:/		Location of colonoscopy:	
Time of colonoscopy:	AM/PM	Nothing to drink after:	АМ/РМ

#### 



Note: actual solution is clear.

**Stop drinking liquids** <u>at least 2 hours</u> before your colonoscopy or as recommended by your healthcare provider.

# It's important that you drink clear liquids before, during, and after your prep.

Stay hydrated!

#### **TAKE DOSE 1**

- 1. Use the mixing container to mix the contents of the Dose 1 pouch with at least 16 ounces of water by shaking or using a spoon until it's completely dissolved. This may take up to 2 to 3 minutes. Take your time—slowly finish the dose within 30 minutes.
- 2. Refill the container with at least 16 ounces of clear liquid. Again, take your time and slowly finish all of it within 30 minutes.

#### WAIT APPROXIMATELY 12 HOURS FROM THE START OF DOSE 1, THEN...

#### **TAKE DOSE 2**

- 1. Use the mixing container to mix the contents of Dose 2 (Pouch A and Pouch B) with at least 16 ounces of water by shaking or using a spoon until it's completely dissolved. This may take up to 2 to 3 minutes. Take your time—slowly finish the dose within 30 minutes.
- 2. Refill the container with at least 16 ounces of clear liquid. Again, take your time and slowly finish all of it within 30 minutes.

#### **HELPFUL TIP: PLENVU®** can be refrigerated. Use within 6 hours after it's mixed with water

#### **INDICATION**

PLENVU® (polyethylene glycol 3350, sodium ascorbate, sodium sulfate, ascorbic acid, sodium chloride, and potassium chloride for oral solution) is a prescription medication used by adults to clean the colon before a colonoscopy.

#### **IMPORTANT SAFETY INFORMATION**

• Do not take PLENVU® if you have a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestine

(bowel perforation), problems with food or fluid emptying from your stomach (gastric retention), a problem with food moving too slowly through your intestines (ileus), a very dilated large intestine, or an allergy to any of the ingredients in PLENVU®.

Please see additional Important Safety Information on back and accompanying full Prescribing Information, including Medication Guide and Instructions for Use.



### **Stay Hydrated for Prep Success**

#### It's important to stay hydrated before, during, and after taking PLENVU®.

You don't need to drink only water—you can have your choice of clear liquids. Examples of clear liquids include

- Clear soda
- Clear broth soups
- Sports drinks
- Watered-down clear fruit juice (with no pulp)
- Strained lemonade or limeade
- Coffee/tea (without milk)
- Gelatin (without fruit or toppings)
- Popsicles (without pieces of fruit or pulp)

Do not drink alcohol, milk, red or purple colored liquids, or anything containing pulp.

Stop drinking liquids at least 2 hours before your colonoscopy or as recommended by your healthcare provider.

## For more information about **PLENVU**®, visit **myPLENVU.com** or call the toll-free 24-hour hotline at **1-855-MY-PLENVU**

#### **IMPORTANT SAFETY INFORMATION** (continued)

- It is important to drink sufficient clear liquids before, during, and after the use of PLENVU®. Be sure to consume additional clear liquids after the first dose and second dose of PLENVU®. Stop drinking liquids 2 hours prior to colonoscopy.
- Before you take PLENVU®, talk to your doctor if you:
- Have problems with serious loss of body fluid (dehydration) and changes in blood salts (electrolytes).
- Have heart problems or take medication that affects your heart. Your doctor may consider obtaining an electrocardiogram (ECG) test if you are at an increased risk for heart rhythm abnormalities.
- Have a history of seizures or take antiseizure medication.
- Have kidney problems or take medication that affects kidney function. Your doctor may want to perform blood testing before and after your colonoscopy.
- Have a history of stomach or bowel problems, such as ulcerative colitis, a bowel blockage, or a suspected opening in the wall of your stomach or intestine.
- Have problems swallowing, heartburn (gastric reflux), or if you inhale food or fluid into your lungs when eating or drinking (aspirate).
- Have a condition that destroys red blood cells, called glucose-6-phosphate dehydrogenase (G6PD) deficiency.
- Are withdrawing from drinking alcohol.
- Have phenylketonuria (PKU). PLENVU® contains aspartame equivalent to 491 mg of phenylalanine per treatment.

- Are pregnant or plan to become pregnant.
- Are breastfeeding or plan to breastfeed.
- PLENVU® may affect how other medications work. Tell your doctor about all other medications (including prescription and nonprescription medicines, vitamins, and herbal supplements) you take before you take PLENVU®. Do not take oral medications within 1 hour before or after starting each dose of PLENVU®.
- Symptoms of serious allergic reactions may include skin rash, itching, raised red patches on your skin (hives), swelling of the face, lips, tongue, and throat, and kidney problems.
- In clinical studies with PLENVU®, the most common side effects in patients taking PLENVU® were nausea, vomiting, dehydration, and abdominal pain/discomfort.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

For product information, adverse event reports, and product complaint reports, please contact:

Salix Product Information Call Center

Phone: 1-800-321-4576 Fax: 1-510-595-8183 Email: salixmc@dlss.com

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